



Recommended Resources

Info on Specific Issues

Coronavirus

- [Truth Ark article series breaking down the Coronavirus situation](#)
- [Dr. Buttar's 6-part C19 Breakdown](#)
- [Plandemic Docu-series](#) - series of videos about the Coronavirus and events leading up to it
- [Stand for Health Freedom](#) - action site focused on medical freedom
- [The Undercover Nurse](#) - nurse whistleblower from an NYC hospital

Cashless Society & Universal ID

- [ID 2020, will be linked to health history & used to restrict travel](#)
- [Combo of cashless payments, health information, and surveillance rolls out in some countries](#)
- [First draft "covid-pass" immunity passports roll out](#)

Elite/Government Corruption

- [Outofshadows.org](#) - documentary about elite corruption, pedophilia, satanism, MK Ultra, and media propaganda
- Kevin Shipp, former CIA officer turned whistleblower explains the shadow government
 - a. [Part 1](#)

The latest version of this document, as well as many other resources & ways to take action, can be found at <https://truthark.org/action/>

- b. [Part 2](#)
- c. [Part 3](#)
- d. [Youtube channel](#)
- Media/tech company corruption & bias
 - a. [Media Executives Killed Bombshell Story Implicating Jeffrey Epstein](#)
 - b. [Google Plan to Prevent “Trump situation” in 2020 on Hidden Cam](#)
 - c. [Twitter Engineers Add Algorithms to Censor Opposing Political Opinions](#)
 - d. [Insider Blows Whistle on How Pinterest Listed Top Pro-Life Site as Porn, Censored Bible Verses](#)
- [FEMA whistleblower Celeste Solum Interview](#)
 - a. [Second interview](#)
- [James Corbett’s Bill Gates documentary](#) (4 parts, scroll down to find the other 3)

Globalization

- [John Anthony explains Agenda 21](#)
- [Spiro Skouras interviews Rosa Koire on Agenda 21](#)
- [Rosa Koire explains Agenda 21](#)
- [THE GREAT RESET: Davos & the Plot to Cancel Trump](#)

Geoengineering & Weather Control

- [Geoengineeringwatch.org](#)
- [Operation Popeye \(weather modification during Vietnam war\)](#)
 - a. [Official document on Popeye](#)

Banking & Economics

- [The Untouchables](#) - documentary on why Wall Street’s leaders escaped prosecution for any fraud related to the 2008 financial crisis
- [The Biggest Scam In The History Of Mankind](#) - explanation of the Fed & banking system
- [Where Does Money Come From?](#) - explains how money is created by banks
- [Corbett Report Federal Reserve documentary](#) - the history of the federal reserve
- [The Spider's Web: Britain's Second Empire \(Documentary\)](#) - offshore banking, tax havens, and the Panama Papers

EMF/5G

- [The Bioinitiative Report](#) - collection & brief summaries of 1500+ scientific studies showing harm from electromagnetic fields

- [Lena's Fabulous Frequencies](#) - declassified research into millimeter-band frequencies that will be used in 5G & a proven action plan to remove cell towers
- [Take Back Your Power](#) - documentary on dirty electricity, smart meters, & electromagnetic fields
- [US Government NTP Study](#) on cell phone radiation showing clear evidence of cancer

Tech & Mass Surveillance

- [Exposing China's Digital Dystopian Dictatorship](#) (mini documentary)
- [Technocracy & Transhumanism](#)
- [Dr. Carrie Madej - vaccines & nanobots 1](#)
- [Dr. Carrie Madej - vaccines & nanobots 2](#)
- [Celeste Solum - DARPA hydrogel](#) - former FEMA insider discusses hydrogel
- [Stop Bit Burning](#) - activist site fighting against big tech censorship

Trusted Sites & Channels

Health & Environment

- [Weston A Price Foundation](#) - food & nutrition
- [Children's Health Defense](#) - health & environmental issues
- [GreenMedinfo](#) - alternative medicine, nutrition, & news
- Dr. Rashid Buttar
 - <https://www.advancedmedicine.com/site/>
 - free to join with code 102446, has his banned Covid content downloadable
 - askdrbuttar.com/
- [The Highwire](#) - weekly news show featuring evidence-based coverage of health & medical freedom issues, including coronavirus, with many expert interviews
 - [Informed Consent Action Network](#) - The Highwire's parent organization, has successfully filed health-related lawsuits & FOIA requests against the CDC and other government agencies
- [Environmental Working Group](#) - environmental toxicity, pesticides, toxicants in personal care products, etc
 - [See their study on toxic chemicals found in umbilical cord blood](#)
- [Fluoride Action Network](#) - all about fluoride
- [Food & Water Watch](#) - environmental & health issues
- [Organic Consumers Association](#) - environmental & health issues

The latest version of this document, as well as many other resources & ways to take action, can be found at <https://truthark.org/action/>

Corruption & Censorship

- [Project Veritas](#) - leaked whistleblower videos on a wide range of topics

Economics

- [Best Evidence](#) - factual videos that present evidence and analysis of the banking system, Federal Reserve, and financial crises
- [Hidden Secrets of Money](#) - A 10-part video series on money, economics, and current economic events (we do not recommend any parts of this website aside from the informational videos)

Corona

- [Joey Hay](#) - USC professor who disagrees with the lockdown policies
 - [TV Interview](#)
- [Questioning Covid](#) - factual resources about the worldwide coronavirus situation
- [The Healthy American](#) - resources & tips for dealing with Covid-related issues
 - [Youtube channel](#)
- [Vernon Coleman Youtube](#) - former MD who breaks down current events
- [Dr. Pam Popper](#) - breaks down current events and provides many general health resources
 - [Youtube channel](#) - she presents scientific evidence & reads testimonials of people affected by Covid consequences
 - [Bitchute channel](#) - mirror of youtube channel
 - [Weekly newsletter](#) - provides citations & analysis + health news
- [Make Americans Free Again](#)
 - Sign up to help apply pressure to your elected officials at no cost to you!
 - Has resources for homeschooling and filing lawsuits as well as spreading the good word

EMF/5G & Technocracy

- [Solutions for Humanity](#) - streamlined forms to email elected officials (customize them, your city reps aren't used to getting form emails) and a great grassroots connector
- [Take Back Your Power](#) (website) - info on many tech-related issues, especially dirty electricity & smart meters
- [Technocracy News & Trends](#) - all about technocracy and the dangers of unregulated technology in the wrong hands
- [Environmental Health Trust](#) - tons of information & resources on EMF & 5G

The latest version of this document, as well as many other resources & ways to take action, can be found at <https://truthark.org/action/>

- [Stop 5G International](#) - compilation of information, events, & actions related to 5G & how to stop it

Alternative News & Opinions

- [OffGuardian](#)
- [The Conscious Resistance](#)
- [Center for Research on Globalization](#)
- [The Last American Vagabond](#)
- David Icke - the OG “conspiracy theorist.” He doesn’t provide citations but some may find him compelling
 - [Bitchute channel](#)
 - [Ickonic.com](#)
 - [Davidicke.com](#)
- [The Corbett Report](#) - all his content is free to download and includes transcripts & citations
 - [“Best of”](#)
 - [Youtube channel](#)
- [The Freedom Articles](#)

Spirituality, Higher Consciousness, Ancient Mysteries

- [Universe Inside You](#) (youtube)
 - [Third eye pineal gland](#)
 - [The book of Enoch](#)
 - [The book of Thoth](#)
 - [Pineal gland 6th sense](#)
 - [Biblical aliens theory](#)

Comedy

- [Barricade Garage](#) (youtube)
 - [Tedros Adhanom \(WHO Director-General\) Interview](#)
 - [The White Ally](#)
 - [When your best friend is a crazy conspiracy theorist](#)
 - [Bill Gates Interview](#)
 - [Deborah Birx Interview](#)
- [The Juice Media](#) (youtube) - satirical ads for government policies
 - [The economic recovery](#)
 - [The corporate machine](#)
 - [Cashless welfare cards](#)
- [The Babylon Bee](#) - political news & satire

The latest version of this document, as well as many other resources & ways to take action, can be found at <https://truthark.org/action/>

- [Youtube channel](#)

Politics

- Weinstein Dark Horse Initiative
 - <https://ericweinstein.org/>
 - <https://bretweinstein.net/>
 - <https://www.articlesofunity.com/>